



GEELONG REGION CANCERIANS

Bellarine, Geelong, Golden Plains, Queenscliff & Surf Coast

Awareness Bulletin #14

June 2021

WELCOME

On behalf of the Geelong Region Cancerians (GRC), welcome to the Awareness Bulletin second edition for 2021. Previous editions are available on the [GRC website](#)

Message from our Founder

Phillipa Challis OAM

The Geelong Region Cancerians (GRC) committee members have been working together planning and making arrangements for events during the second half of 2021.

The constraints caused by COVID regulations has been challenging to say the least. It is the reason our information evening/panel discussion, presented in partnership with the Geelong Regional Libraries, has been moved to Monday 6 September 2021 in the hope restrictions will be eased.

With the end of financial year coming to a close it is hoped that GRC supporters can assist with the important work of raising funds for research into all cancers through the Annual Giving Campaign.

I would encourage all readers of the Awareness Bulletin to ask family and friends to subscribe to the GRC e-database [via our website](#).

This will enable people to be informed about our activities and learn more about the prevention and detection of uterine cancer.

\$5 for 1 in 21:

Our Annual Giving Campaign in 2021

Our GRC Annual Giving campaign to raise funds for research into all cancers will see all monies received being directed to the Australian Cancer Research Foundation (ACRF).

1 in 3 Australian men and 1 in 4 Australian women will be diagnosed with cancer before the age of 75. In 2020, there was an average of 397 diagnoses of cancer every day.

We all know people living with cancer or who have had cancer. Research and early detection are critical to survival rates.

This year we are asking you to donate \$5.00 for each person you know personally who has, or has had cancer.

You can contribute by clicking on

<https://www.givenow.com.au/GRC5for1in21>

Please honour and remember those known to you and help the GRC reach our goal of \$5,000 this year.

SILVER CIRCLES

The Geelong Region Cancerians fundraising activity currently running is the Silver Circles competition. We thank those who are taking part and wish them the best of luck as they move through the halfway mark of the fundraiser.

Who can get Uterine Cancer?



The exact cause of uterine cancer is not known. However, some things appear to put women at more risk. It is more common in women aged over 60, women who are post-menopausal and/or who are overweight. High blood pressure or diabetes may also be a factor. Women who are using the drug Tamoxifen for the treatment of breast cancer are also at a higher risk. (Source Betterhealth.vic.gov.au)

It is worth noting that while there may be 'typical' patients, women of any age can and do get uterine cancer, so at any age, if at any time you have abnormal or unexplained bleeding, please check with your doctor.



UPCOMING EVENTS

Pie Drive

July 2021

Panel Discussion

Monday 6 September 2021

Grand Final Week Celebration

Date to be advised dependent on the football fixture

Trivia Night and Silent Auction

Friday 22 October 2021

Working Together We Can

Help Beat Cancer

FACEBOOK

Please like and follow us @
www.facebook.com/GeelongRegionCancerians/

WEBSITE

Keep updated by looking at our website
www.geelongregioncancerians.com.au

GRC FOUNDER

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GRC Pie Drive

We are pleased to advise that our GRC pie drive in conjunction with Routley's Bakery, which was so popular last year, will return for 2021.

Closing date for online orders is 12 July with pick up on **Thursday 15 July**.

Ordering information will be out shortly.



COLLECTION CANISTERS

Collection canisters with the Geelong Region Cancerians logo and our easily recognised colours can be found on a number of counters in businesses around the Geelong region.

If you know a shop or venue where we could place a canister, please send an email to info@geelongregioncancerians.com.au



We thank each of the following GRC supporters who have come on board recently:

- Café Bear & Scoobs
- Geelong Flower Farm
- Minkind Gift Store
- techrevive
- The Fresh Food Merchant

A full list of businesses where collection cannister are located can found [here](#)